

Date of publication 12/29/2023, date of current version 12/29/2023.

VECTORAL manuscript Identifier 11.01-5/VECTORAL.2023.PUB

INVESTIGATING THE CONTRIBUTION OF ION CHANNEL DYSREGULATION AND NEURONAL HYPEREXCITABILITY TO THE PATHOGENESIS OF NEUROPATHIC PAIN AND ASSOCIATED NEURONAL DAMAGE

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ABSTRACT Neuropathic pain arises from direct damage or dysfunction within the somatosensory nervous system, leading to persistent and debilitating pain. A key aspect of its pathogenesis involves the dysregulation of ion channels and the subsequent neuronal hyperexcitability. Ion channels, such as voltagegated sodium, potassium, and calcium channels, along with transient receptor potential (TRP) channels, play pivotal roles in regulating neuronal excitability and synaptic transmission. In neuropathic pain, injuryinduced alterations in these channels contribute to abnormal signaling within sensory neurons, resulting in spontaneous activity, increased sensitivity to stimuli, and exaggerated pain perception. Furthermore, changes in ion channel expression and function, often driven by inflammatory mediators and injury-induced cellular changes, exacerbate neuronal hyperexcitability and contribute to neuronal damage. This review explores the role of ion channel dysregulation in the pathogenesis of neuropathic pain, focusing on specific channels such as Nav1.7, Nav1.8, TRPV1, and Kv channels. We also examine the molecular mechanisms underlying these changes, including the influence of neuroinflammation and the involvement of key signaling pathways like MAPK and NF-κB. Understanding these mechanisms provides insight into potential therapeutic targets for managing neuropathic pain. By modulating ion channel activity and reducing hyperexcitability, it may be possible to alleviate pain and prevent further neuronal damage. This review aims to highlight the importance of ion channel dysregulation in neuropathic pain and suggest potential avenues for targeted therapeutic intervention.

INDEX TERMS ion channels, MAPK pathway, neuroinflammation, neuronal hyperexcitability, Nav1.7, TRPV1, voltage-gated channels

I. INTRODUCTION

Neuropathic pain is a chronic pain condition that arises from damage or dysfunction in the somatosensory nervous system. Unlike nociceptive pain, which is caused by actual tissue damage, neuropathic pain is characterized by spontaneous pain, allodynia, and hyperalgesia due to abnormal neural activity. These symptoms often manifest as burning, shooting, or electric shock-like sensations, significantly impairing the quality of life of affected individuals. This condition can result from various causes, including peripheral nerve injury, diabetes, chemotherapy, and autoimmune diseases such as multiple sclerosis. The underlying mechanisms of neuropathic pain are complex, involving alterations in both the peripheral and central nervous systems. A thorough understanding of these mechanisms is critical for developing effective treatments.

Central to the complexity of neuropathic pain is the role of ion channel dysregulation, which significantly contributes to the heightened excitability of sensory neurons. Ion channels are membrane proteins that facilitate the flow of ions across neuronal membranes, thus playing a crucial role in generating and propagating electrical signals. The proper function of ion channels is essential for maintaining neuronal excitability and the transmission of sensory information, including pain. In the context of neuropathic pain, ion channel dysregulation involves changes in their expression, distribution, and bio-

physical properties, leading to abnormal neuronal activity.

Ion channels, which are critical for the generation and propagation of action potentials, include voltage-gated sodium (Nav), potassium (Kv), and calcium (Cav) channels, as well as various ligand-gated channels like transient receptor potential (TRP) channels. These channels are intricately regulated to ensure precise control of neuronal excitability. Following nerve injury, changes in the expression, distribution, and function of these ion channels occur, leading to increased neuronal excitability and spontaneous firing. This hyperexcitability is a key factor in the development and maintenance of chronic neuropathic pain. Dysregulated ion channels contribute not only to the aberrant transmission of pain signals but also to neuronal injury through mechanisms such as excitotoxicity. Excitotoxicity, resulting from excessive calcium influx through ion channels, can cause neuronal damage and apoptosis, further compounding the severity of neuropathic pain.

The role of voltage-gated sodium channels (Nav) in neuropathic pain is particularly well-documented. Under normal conditions, Nav channels are responsible for the initiation and propagation of action potentials. However, nerve injury can lead to the upregulation of certain Nav channel subtypes such as Nav1.7, Nav1.8, and Nav1.9 in sensory neurons. This upregulation is often accompanied by a reduction in the threshold for action potential initiation, resulting in spontaneous neuronal firing and heightened sensitivity to stimuli. Similarly, alterations in potassium channels (Kv) can reduce the hyperpolarizing currents that normally stabilize the neuronal membrane potential, thus facilitating repetitive firing. Changes in calcium channels (Cav) further exacerbate this hyperexcitability by increasing intracellular calcium levels, which can enhance neurotransmitter release and promote sustained excitation of pain pathways.

Transient receptor potential (TRP) channels also play a crucial role in the pathophysiology of neuropathic pain. TRP channels, such as TRPV1, TRPM8, and TRPA1, are ligand-gated channels that respond to thermal, chemical, and mechanical stimuli. They are involved in the transduction of noxious stimuli into electrical signals. Following nerve damage, TRP channel expression is often altered, leading to heightened sensitivity to thermal and chemical stimuli. For example, TRPV1 channels, which are activated by heat and capsaicin, may become more active or be expressed at higher levels, contributing to increased pain sensitivity and spontaneous pain.

To provide a clearer overview of the role of various ion channels in neuropathic pain, the following table summarizes key changes in ion channel function observed in neuropathic pain models:

This review aims to elucidate the mechanisms through which ion channel dysregulation contributes to the pathogenesis of neuropathic pain. By examining the specific roles of different ion channels and the molecular pathways involved in their dysregulation, we seek to provide a comprehensive understanding of how these changes lead to sustained pain and neuronal damage. Furthermore, we discuss potential therapeutic strategies aimed at modulating ion channel activity to reduce neuronal hyperexcitability and mitigate pain symptoms. Such strategies include the development of selective ion channel blockers, gene therapy approaches, and modulation of signaling pathways that regulate ion channel expression. Given the significant burden of neuropathic pain on patients and the limited effectiveness of current analgesics, there is an urgent need for targeted therapies that address the underlying pathophysiological mechanisms. The insights provided in this review could pave the way for the development of novel interventions that improve outcomes for patients suffering from this debilitating condition.

II. ION CHANNEL DYSREGULATION IN NEUROPATHIC PAIN

A. VOLTAGE-GATED SODIUM CHANNELS (NAV)

Voltage-gated sodium channels (Nav) are crucial for the initiation and propagation of action potentials in neurons. Among the Nav subtypes, Nav1.7, Nav1.8, and Nav1.9 are particularly important in the transmission of nociceptive signals in peripheral sensory neurons. In neuropathic pain, alterations in the expression and function of these sodium channels are common. Nav1.7 is often upregulated following nerve injury, leading to increased neuronal excitability and spontaneous action potential firing. Mutations in *SCN9A*, the gene encoding Nav1.7, have been associated with conditions of inherited pain insensitivity and extreme pain syndromes, highlighting the channel's role in pain perception. The upregulation of Nav1.7 increases the availability of sodium currents, which lowers the threshold for action potential generation, contributing to hyperexcitability and ectopic discharge in injured neurons. This aberrant activity is a key driver of spontaneous pain, a hallmark of neuropathic pain conditions.

Nav1.8 is primarily expressed in nociceptive neurons and contributes to the transmission of pain signals under pathological conditions. After nerve injury, there is a shift in the expression of Nav1.8 to regions outside its usual distribution, contributing to ectopic firing and hyperexcitability of sensory neurons. This redistribution can result in abnormal action potential generation even in response to sub-threshold stimuli. Moreover, pro-inflammatory cytokines like TNF- α and IL- 1β can enhance the activity of Nav1.8, further contributing to pain hypersensitivity. These cytokines, released as part of the inflammatory response to nerve injury, modulate Nav1.8 function by altering its gating properties, thereby increasing neuronal excitability and intensifying pain signals.

Nav1.9, although less studied, plays a role in maintaining subthreshold excitability in sensory neurons, which can influence the generation of persistent pain states. Changes in Nav1.9 channel function following nerve damage may increase the excitability of nociceptive neurons by altering the resting membrane potential, further contributing to the chronic nature of neuropathic pain. A detailed comparison of the roles of Nav1.7, Nav1.8, and Nav1.9 in neuropathic pain is provided in the following table:

Ion Channel Type	Alteration in Neuropathic Pain	Functional Consequence
Voltage-Gated Sodium Channels	Upregulation and reduced activation thresh-	Increased spontaneous firing and heightened sensitivity to
(Nav1.7, Nav1.8, Nav1.9)	old	stimuli
Voltage-Gated Potassium Channels	Downregulation or altered kinetics	Reduced membrane stabilization, leading to repetitive firing
(Kv)		
Voltage-Gated Calcium Channels	Increased expression or altered function	Elevated intracellular calcium, promoting excitotoxicity and
(Cav)		enhanced neurotransmitter release
Transient Receptor Potential Chan-	Upregulated expression and increased sensi-	Enhanced response to thermal and chemical stimuli, contribut-
nels (TRPV1, TRPM8, TRPA1)	tivity	ing to hyperalgesia and allodynia

TABLE 2. Role of Voltage-Gated Sodium Channels in Neuropathic Pain

B. TRANSIENT RECEPTOR POTENTIAL (TRP) CHANNELS

TRP channels are a family of non-selective cation channels that are involved in various sensory processes, including pain and temperature sensation. Among these, TRPV1 (transient receptor potential vanilloid 1) is highly relevant in the context of neuropathic pain. TRPV1 is activated by heat, protons, and capsaicin, and is sensitized in conditions of inflammation and nerve injury. This sensitization results in increased calcium influx, contributing to enhanced excitability and pain signaling. Elevated intracellular calcium levels can activate downstream signaling pathways, including protein kinases, which further sensitize TRPV1 and amplify pain transmission. Additionally, TRPV1 is upregulated in both peripheral and central terminals of sensory neurons following nerve injury, playing a key role in central sensitization—a process where the central nervous system becomes more sensitive to nociceptive inputs, leading to an exaggerated pain response even to non-painful stimuli.

TRPA1, another member of the TRP family, is also implicated in neuropathic pain. It responds to mechanical, cold, and chemical stimuli, and its expression is increased in sensory neurons after nerve damage. Activation of TRPA1 contributes to the release of neuropeptides like substance P and CGRP (calcitonin gene-related peptide), which exacerbate neurogenic inflammation and pain transmission. These neuropeptides act on their receptors in the dorsal horn of the spinal cord, promoting increased excitability of second-order neurons, thereby amplifying pain signals. The involvement of TRP channels in both peripheral and central sensitization makes them attractive targets for therapeutic intervention in neuropathic pain conditions.

C. VOLTAGE-GATED POTASSIUM CHANNELS (KV)

Voltage-gated potassium (Kv) channels are critical for maintaining the resting membrane potential and repolarizing neurons after an action potential. In the context of neuropathic pain, the downregulation of Kv channels, such as Kv1.4 and Kv3.4, has been observed, leading to increased neuronal excitability. Loss of Kv channel function prolongs the duration of action potentials and increases repetitive firing in sensory neurons, thereby contributing to the generation of spontaneous pain. The reduction in Kv currents means that neurons remain depolarized for longer periods, facilitating the continuous generation of action potentials even in the absence of external stimuli.

Kv7 (KCNQ) channels, specifically Kv7.2/7.3, play a role in stabilizing membrane potential through the M-current, which prevents excessive neuronal firing. In nerve injury models, the suppression of Kv7 channels leads to heightened excitability and is associated with the development of neuropathic pain. The M-current, by maintaining a stable resting potential, normally limits excitability, and its reduction results in a lower threshold for firing. Pharmacological agents that enhance Kv7 channel activity have shown potential in reducing hyperexcitability and alleviating pain in preclinical models, indicating their therapeutic potential. The role of Kv channels in modulating neuronal excitability is summarized in the following table:

III. MOLECULAR MECHANISMS UNDERLYING ION CHANNEL DYSREGULATION

A. ROLE OF INFLAMMATORY MEDIATORS

Neuroinflammation is a critical driver of ion channel dysregulation following nerve injury. The inflammatory response involves the release of pro-inflammatory cytokines such as tumor necrosis factor-alpha (TNF- α), interleukin-1 beta (IL- 1β), and interleukin-6 (IL-6), which significantly alter the expression and function of sodium and potassium channels in sensory neurons. These cytokines interact with their receptors on neurons, activating intracellular signaling cascades such as the nuclear factor kappa-light-chain-enhancer of ac-

tivated B cells (NF-κB) pathway and mitogen-activated protein kinase (MAPK) pathways, which include extracellular signal-regulated kinase (ERK), p38, and c-Jun N-terminal kinase (JNK). These signaling cascades modulate the transcriptional regulation of ion channels, leading to changes in their expression and activity that contribute to hyperexcitability.

For example, TNF- α has been shown to increase the expression of Nav1.8, a voltage-gated sodium channel subtype involved in the transmission of pain signals, thereby amplifying the excitability of sensory neurons. Simultaneously, TNF- α can reduce the function of voltage-gated potassium channels (Kv), resulting in prolonged neuronal depolarization and increased firing rates. This dual action leads to heightened excitability and spontaneous activity of nociceptive neurons, which are key characteristics of neuropathic pain. Similarly, IL-1 β and IL-6 also contribute to these processes by further stimulating the MAPK and $NF-\kappa B$ pathways, reinforcing the upregulation of pro-nociceptive ion channels and the suppression of those that stabilize neuronal membrane potential.

Chemokines, such as chemokine (C-C motif) ligand 2 (CCL2), also play a significant role in modulating ion channel activity. CCL2, released by activated glial cells and neurons, binds to its receptor CCR2 on sensory neurons, leading to downstream signaling that influences ion channel expression. Notably, CCL2 has been shown to upregulate TRPV1 expression in dorsal root ganglion neurons, increasing their sensitivity to heat stimuli. This increased expression of TRPV1 enhances calcium influx in response to noxious heat, contributing to the maintenance of thermal hyperalgesia, a common feature of neuropathic pain. The interplay between cytokines, chemokines, and ion channel dysregulation is summarized in the table below:

B. INTRACELLULAR SIGNALING PATHWAYS

Intracellular signaling pathways play a crucial role in the regulation of ion channel expression and function in response to nerve injury. The MAPK signaling pathway, which includes key kinases such as ERK, p38, and JNK, is activated in sensory neurons following nerve damage and contributes to the pathophysiology of neuropathic pain. Activation of the MAPK pathway leads to the phosphorylation of transcription factors, resulting in increased transcription of voltagegated sodium channels (e.g., Nav1.7, Nav1.8) and transient receptor potential (TRP) channels (e.g., TRPV1). This upregulation promotes hyperexcitability of sensory neurons, as increased levels of Nav and TRP channels reduce the threshold for action potential generation and enhance the responsiveness of neurons to painful stimuli.

Pharmacological inhibition of the MAPK pathway, particularly the p38 MAPK branch, has been shown to attenuate neuropathic pain behaviors in animal models. These inhibitors prevent the upregulation of pain-associated ion channels, thereby reducing neuronal hyperexcitability. For instance, blocking p38 MAPK activity can decrease the expression of Nav1.7 in dorsal root ganglion neurons, leading to a reduction in spontaneous pain and mechanical hypersensitivity. Thus, targeting the MAPK pathway offers a potential therapeutic strategy to modulate ion channel expression and alleviate neuropathic pain symptoms.

The NF- κ B pathway is another key regulator of inflammatory responses and ion channel expression. $NF-\kappa B$ is activated in response to nerve injury and is a major transcriptional regulator of genes involved in inflammation and immune responses. Its activation in sensory neurons and glial cells leads to the increased production of pro-inflammatory cytokines like TNF- α and IL-1 β , which in turn perpetuate the dysregulation of ion channels. This positive feedback loop between cytokine release and $NF-\kappa B$ activation sustains a state of heightened excitability in the nervous system, contributing to the chronic nature of neuropathic pain. Inhibition of NF- κ B has been proposed as a potential therapeutic approach for reducing neuroinflammation and restoring normal ion channel function, thereby providing relief from neuropathic pain.

Moreover, signaling through these pathways not only alters ion channel transcription but also affects posttranslational modifications of channels, such as phosphorylation, which can rapidly modulate their function. For example, phosphorylation of TRPV1 by protein kinases downstream of MAPK can enhance its sensitivity to heat and chemical stimuli, further promoting hyperalgesia. The intricate relationship between intracellular signaling and ion channel modulation underscores the complexity of neuropathic pain mechanisms and highlights multiple targets for therapeutic intervention aimed at normalizing ion channel function.

IV. THERAPEUTIC IMPLICATIONS AND FUTURE DIRECTIONS

Targeting ion channels to alleviate neuronal hyperexcitability presents a promising strategy for treating neuropathic pain. Since ion channel dysregulation is a key contributor to the pathophysiology of neuropathic pain, modulating their activity has become a focal point of therapeutic intervention. Current approaches include the use of sodium channel blockers, modulation of transient receptor potential (TRP)

channels, and enhancement of potassium channel function. Each of these strategies seeks to correct the aberrant neuronal excitability associated with neuropathic pain, but they come with unique challenges that have influenced their clinical viability.

One of the primary strategies involves the use of sodium channel blockers. Lidocaine, a local anesthetic, is commonly used to inhibit sodium channels and is effective in reducing ectopic neuronal firing that contributes to pain perception. More recently, selective Nav1.7 inhibitors have been developed with the goal of targeting pain pathways specifically. Nav1.7 is a particularly attractive target due to its prominent role in the propagation of nociceptive signals, as evidenced by genetic studies linking Nav1.7 mutations to pain insensitivity disorders. However, the specificity of sodium channel blockers remains a significant challenge. Since sodium channels are also crucial for the function of cardiac and central nervous system tissues, non-selective inhibition can lead to undesirable side effects, such as cardiac arrhythmias and central nervous system toxicity. The development of more selective inhibitors that can effectively target Nav1.7 without affecting other sodium channel isoforms remains an important direction for future research.

Modulation of TRP channels, especially through the use of TRPV1 antagonists, has also been explored as a means to decrease pain sensitivity. TRPV1 plays a critical role in the transduction of thermal and chemical pain signals, and its upregulation following nerve injury contributes to thermal hyperalgesia. Inhibiting TRPV1 can reduce this heightened sensitivity and provide pain relief, as demonstrated in preclinical models. However, clinical use of TRPV1 antagonists has been limited by side effects, particularly impaired thermoregulation, as TRPV1 is also involved in maintaining normal body temperature. Recent advancements have focused on developing more selective TRPV1 modulators that can maintain efficacy in reducing pain without significantly impacting thermoregulation. Such selective modulators could offer a more balanced therapeutic profile, making them suitable for chronic use in managing neuropathic pain.

Enhancing the function of potassium channels, particularly through Kv7 channel activators, offers another approach for stabilizing neuronal excitability. Kv7 channels, which contribute to the M-current, play a critical role in maintaining the resting membrane potential and preventing excessive neuronal firing. Enhancing Kv7 channel function can help restore membrane stability in hyperexcitable neurons, reducing their propensity to generate spontaneous action potentials. Retigabine, a Kv7 channel opener, has demonstrated pain-relieving effects in preclinical models of neuropathic pain. However, its clinical use has been limited by side effects, including dizziness and vision disturbances, which have constrained its application as a long-term treatment option. Nevertheless, the success of Kv7 modulation in preclinical models suggests that further refinement of Kv7-targeting drugs could yield effective therapies with improved tolerability.

Beyond these current strategies, future research is exploring novel approaches to improve the selectivity and efficacy of ion channel modulation. Advances in gene therapy and RNA-based technologies hold promise for precisely targeting the expression of specific ion channels implicated in neuropathic pain. For example, small interfering RNA (siRNA) can be used to selectively knock down the expression of upregulated sodium channels like Nav1.7 or to reduce the expression of TRPV1 in sensory neurons, providing a more targeted approach compared to traditional pharmacological inhibitors. This precision could potentially minimize offtarget effects and improve the safety profile of ion channelbased therapies.

Another promising area of research is the modulation of ion channel regulatory proteins and signaling pathways. Targeting proteins that interact with ion channels, such as auxiliary subunits or scaffolding proteins, offers a way to modulate channel activity indirectly without directly blocking the channels themselves. Additionally, focusing on intracellular signaling pathways like MAPK and NF- κ B that regulate ion channel expression provides an avenue to control the broader inflammatory response associated with neuropathic pain. Inhibiting these pathways could reduce the upregulation of pro-nociceptive ion channels and restore a more balanced state of neuronal excitability.

Ultimately, the goal of these therapeutic strategies is to achieve pain relief while minimizing adverse effects, particularly those associated with chronic use. A better understanding of the molecular mechanisms underlying ion channel dysregulation in neuropathic pain will be essential for developing the next generation of therapies. As the field advances, a multi-targeted approach that combines direct ion channel modulation with anti-inflammatory strategies may offer the

best potential for effective and sustainable management of neuropathic pain. Future studies should continue to refine these approaches and evaluate their efficacy in clinical trials to ensure that the benefits of new treatments are translated into meaningful improvements for patients.

V. CONCLUSION

The dysregulation of ion channels and subsequent neuronal hyperexcitability are fundamental contributors to the pathogenesis of neuropathic pain. Alterations in the function and expression of voltage-gated sodium channels (Nav), potassium channels (Kv), and transient receptor potential (TRP) channels following nerve injury lead to aberrant pain signaling and heightened sensitivity. These changes in ion channel behavior are often driven by neuroinflammatory processes involving pro-inflammatory cytokines and chemokines, which activate intracellular signaling pathways such as $NF - \kappa B$ and MAPK. The activation of these pathways results in sustained ion channel dysregulation, creating a state of persistent neuronal hyperexcitability and chronic pain.

Understanding the molecular mechanisms behind ion channel dysregulation provides valuable insights into potential therapeutic targets for managing neuropathic pain. The targeted modulation of specific ion channels, such as the inhibition of Nav1.7 or the enhancement of Kv7 channels, holds promise for reducing neuronal hyperexcitability and alleviating pain symptoms. Similarly, strategies aimed at modulating TRPV1 activity or interfering with neuroinflammatory pathways offer additional avenues for pain relief. However, achieving specificity in targeting these channels remains a challenge, as many ion channels are also expressed in nonneuronal tissues, raising the risk of adverse side effects.

Future research should focus on developing more selective drugs and exploring novel approaches such as gene therapy, RNA-based technologies, and modulation of regulatory proteins involved in ion channel function. These advanced strategies have the potential to precisely target the molecular changes underlying neuropathic pain, thereby offering improved efficacy with reduced side effects. By focusing on specific ion channels and the pathways that regulate them, future research can develop more targeted and effective treatments for neuropathic pain. Such advances hold promise for significantly improving pain management strategies and reducing the burden of this debilitating condition on patients' quality of life. the intricate interplay between ion channel dysregulation, neuroinflammation, and intracellular signaling

underlies the complex nature of neuropathic pain. A comprehensive understanding of these mechanisms is essential for the development of new therapeutic interventions. As our knowledge of these processes deepens, there is hope that novel therapies will emerge, providing more effective and enduring relief for individuals suffering from chronic neuropathic pain. [\[1\]](#page-6-0)–[\[27\]](#page-6-1)

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